

8th

Annual Recreation Summit 2018 Lanark, Leeds & Grenville



Connecting Recreation and Mental Health

Thursday, November 15th, 2018

8:30 a.m. - 3:00 p.m.

Smiths Falls Memorial Community Centre

Featuring...

- ▶ **Do It For Daron (DIFD)** - *creating awareness, inspiring conversations, and transforming youth mental health.*
- ▶ **ParticipACTION Report Card 2018**
- ▶ **Panel of Local Initiatives:**
 - Lanark Leeds Grenville Addictions and Mental Health
 - Special Olympics
 - Nature Canada
 - Planet Youth Lanark County
 - Boys and Girls Club
- ▶ An opportunity to network
- ▶ Annual General Meeting of Rural Recreation Association

Registration is a **MUST**.

Fee: (includes morning snack, lunch & Rural Recreation Association membership)

2018 Members \$40

Non Members \$50

Location:

**Smiths Falls Memorial Community Centre
71 Cornelia St.W., Smiths Falls, ON**

Registration deadline:

November 8, 2018

Register online at Eventbrite:

<http://recreationsummit2018.eventbrite.com>

QUESTIONS?

Email the Rural Recreation Association at RRA@healthunit.org

This education day is open to new and existing members – Municipal staff and leaders, educators, service providers, recreation leaders, and all those involved in Recreation and Outdoor experiences. Please pass this invitation on to anyone who may be interested.



Mandate:

The Rural Recreation Association is open to all municipal recreation departments and non-profit physical activity and recreation organizations within Lanark, Leeds, Grenville and surrounding area.

Our purpose is to:

- Improve communication, collaboration and knowledge and use of current recommended practices within the recreation sector
- Provide opportunities for networking among members, professional, provincial and local organizations and volunteers
- Provide policy-building and capacity-building opportunities that address specific needs and concerns within the local region
- Provide networking and educational events through the year (e.g., Fall Summit, Spring event, High Five training)
- Seek support and develop linkages to professional and provincial organizations

Benefits of Membership:

- The membership fee for 2019 is \$20
- Members receive:
 - Discount rate to attend member events
 - Notification of upcoming webinars; education opportunities
 - Newsletter

Executive Committee Membership

The Executive Committee will be members of RRA, each in good standing, and elected at the Annual General Meeting. Term on the committee will be 2 years.

RRA is seeking board members, representing both Lanark and the United Counties of Leeds and Grenville. These may include individuals from:

- Municipalities
- Recreation organizations
- Sports organizations
- Service clubs
- Health organizations
- Education sector
- Others interested in physical activity and recreation

The Leeds, Grenville and Lanark District Health Unit, as host agency for the Healthy Communities Partnership, will provide administrative support to the *Rural Recreation Association*.

Connect with us

Email: rra@healthunit.org

Website: www.healthyllg.org/physicalactivity.html

Facebook: www.facebook.com/ruralrecreationassociation

Twitter: www.twitter.com/RuralRecreation