

Adult Shinny Hockey

- Please use caution entering and exiting the ice.
 - No food or beverages allowed on ice.
 - Inappropriate behaviour is not permitted.
 - No one allowed on ice during resurfacing.
 - Players of all skill levels welcome.
- **Helmets are required.** Full equipment is strongly recommended.
 - This is a non-contact, non-competitive, co-ed program.
 - Not intended for organized teams.
 - Players will self-monitor shifts and rotate to allow fair ice time.
- Players are expected to work with other players to ensure teams are of equal playing ability.
 - No refereeing is provided.
 - Shinny Hockey is a self-organized program.
- All participants must pay prior to accessing the ice surface.
- Participants are deemed to have knowledge of and assume the inherent risks of taking part in these programs.

Rules are subject to change. Thank you for your cooperation.



SMITHS FALLS
RISE AT THE FALLS