

SMITHS FALLS SENIORS ACTIVITY BUILDING

61 Cornelia Street (across from the hospital)

wide variety of activities daily; carpet bowling, darts, 4 & 6 hand euchre, shuffleboard, cribbage, and much more ! call 283-4684 or drop in !

(see attached program list)

HI NEIGHBOURS: meet in the United Church Hall twice per month at 12 noon (1st & 3rd Wed). Potluck lunches, guest speakers, social outings

SENIORS CLUB 162: Meet at the Royal Canadian Legion and participate in a wide variety activities; potlucks, day trips, cards, darts etc etc
Doreen McDougall 283-0636

CARPET BOWLING: Seniors Building on Elmsley Street,

LAWNBOWLING CLUB: Behind Community Centre – club activities offer more than just lawnbowling. Contact Myles Shurtliff 283-6385

ADULT PUBLIC SKATING: Youth Arena, Oct-April, 283-1265

BOWLING: Gratton Lanes, Chambers Street mall. 283-6200

LINEDANCING: Call 283-5231

SF TENNIS CLUB: Jim Murphy 269-4615

SF CURLING / SQUASH CLUB: Call 283-4700

AQUAFIT CLASSES: Jasper Fitness & Aquatic Centre 283-8738

THERAPUETIC / EXERCISE CLASSES: Jasper Fitness Centre 283-8738

PUBLIC SWIM: Jasper Fitness Centre: 283-8738

ROYAL CANADIAN LEGION: 7 Main Street East, 283-2690

ROYAL CANADIAN AIR FORCE ASSN: 44 Abbott St N, 284-8295

SQUARE DANCING: 267-3472

CRAFTS, HOBBY CLASSES: Hobby & Variety Shop 283-3772

CROSS COUNTRY SKIING: Donneybrooke Golf Club; Lower Reach Park

ONTARIO SENIOR GAMES ASSOCIATION

All year round events for 55 years plus ! Cribbage, bridge, euchre, bowling, hockey, shuffleboard, golf, slopitch, horseshoes, snooker, darts etc etc

Contact: Carol 267-6872 or carol.husband@sympatico.ca